



## First Day Checklist

Most Sunrise Preschools locations provide the following amenities. Please confirm these items with your school's Director. There is a printable version of this list here.

### What Sunrise Preschools Provides:

<b>Crib Sheets</b>	Crib sheets are changed, washed and provided daily for your baby when they are in our care.
<b>Formula</b>	Most Sunrise Preschools locations provide Similac formula. If you wish to use a different formula, please see Formula and Breast Milk on the next page in the Breastfeeding and Formula reminder section.
<b>Baby Food &amp; Cereal</b>	Our schools provide rice cereal, milk and baby food for children that have transitioned to eating food. You will not need to provide any additional food.
<b>Bowl &amp; Spoon</b>	Age-appropriate eating utensils are provided by our schools for children that are eating baby food and cereal.
<b>Daily Activity Report</b>	Sunrise Preschools will provide you with a Daily Activity Report, through our parent engagement app, telling you about your baby's day.
<b>Bibs</b>	Sunrise Preschools will provide clean bibs for your child's needs.

### Important Reminder:



**Complete Required Forms:** You may have submitted these forms in advance. If not, the following forms are needed on the first day:

- Feeding Form
- USDA Application
- Shot Record
- Medication Form (if applicable).



## What to pack for your Infant:

<b>Diapers</b>	We request that you bring diapers in bulk for your child's first day and we will alert you when it is time to replenish their supply. It is better to have too many than not enough, so we suggest 8-10 per day.	
<b>Wipes</b>	Pack a full container initially and bring a refill package and we will follow-up to replenish them as needed when they run out.	
<b>Clothing</b>	Send your child with two or three outfits initially, sealed and labeled in a bag. We will send home any soiled clothes to be replaced as needed. Include socks in addition to different weather appropriate clothing. Your child will be spending time both indoors and outdoors, so they'll need to be comfortable all day.	
<b>Pacifiers</b>	If your child uses a pacifier, we recommend keeping 2 at Sunrise Preschools to ensure there is always one on-hand if your child needs comforting. Please label each pacifier with your child's name or initials with a non-toxic marker.	
<b>Bottles</b>	Each day, pack enough bottles for the time your child will be at Sunrise Preschools and an extra in the event of an emergency. Each bottle must be labeled with your baby's first and last name. If you are providing your own breastmilk or formula, please take a look at the important reminder below.	
<b>Diaper Rash Cream &amp; Ointment</b>	If you are providing rash cream for your child, you must fill out a medication form provided by Sunrise Preschools and store the labeled cream in a sealable bag.	

## Breastfeeding & Formula Reminder:



If you are breastfeeding or decide to use a formula other than the Similac, you will need to prepare and send each of your child's bottles for the day labeled with your child's full name, contents, and date. We recommend placing pre-made bottles in a sealed bag to prevent leakage. Sunrise Preschools staff cannot make any formula that they do not provide at the school. We will send home all bottles at the end of each day to wash and remake.